

SPRING NEWSLETTER



BALKERNE
GARDENS
TRUST

Individualised Support and Care

May 2022

NOTE FOR OUR SHAREHOLDERS

NOTICE is given that the Annual General Meeting of Balkerne Gardens Trust Ltd will be held at 6.00pm on Thursday, 23rd June 2022 in the Ivan Hewitt room, Parsley House, Colchester, CO1 1PR.

We do hope that you will be able to attend. The Agenda and Summary Annual Report and Accounts will be sent out to shareholders at least 3 weeks before the meeting.

Table of Contents

Notice of our
Shareholders

CEO/Directors

Welcome

Goodbye and
thank you

Service News

CEO/DIRECTORS

We hope you enjoy this spring edition of the newsletter which is full of great examples of the fantastic work and activity in the Trust particularly over the Easter period.

You will be aware that the government announced its 'Living with COVID' plan recently and to make it easier for staff to understand the changes we have amalgamated guidance into one document. The Trust has also issued an Isolation Payment Policy which we would ask all staff to familiarise themselves with. This policy will be kept under regular review by the Board and may be subject to change in the future.

WELCOME!

A very warm welcome to all the new staff who have joined the Trust over the past few months.

At Cheviot our new staff are: Joy Nosa, Derrie Bainbridge, Kelly King, Nathaniel Bridgewater, Natasha Skeet, Sarah Coley, Kim Hurley, Bradley Chappell, Robert Giles. At Freda Gunton Lodge, Shian Beaumont, Chloe Welsh, Jude Crow, Margaret Deasy and Sarah Delaney have joined the team... and last but not least, Dave Clarke has joined our Maintenance team.

GOODBYE AND THANK YOU!

We said a fond farewell to three of our long-standing staff, Julie Fairclough and Ingrid Schmidt from FGL and Rosemary Nevard from Cheviot.

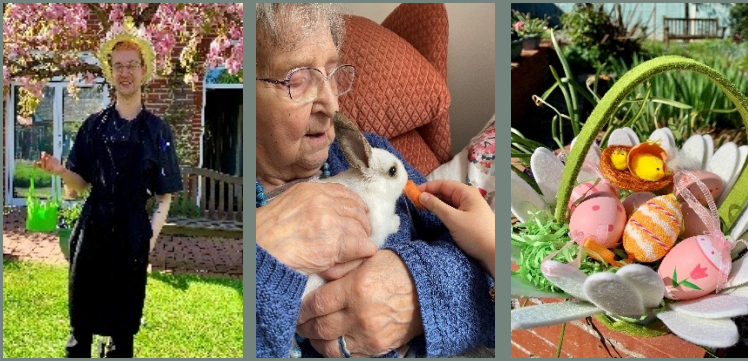
Collectively they have given 75 years of service to the Trust, an amazing achievement and we wish them every happiness in their retirement.



SERVICE NEWS

CHEVIOT

Cheviot enjoyed its Easter celebrations, which included an Easter egg hunt with Keiran acting as official mascot in a rather fetching bonnet! Continuing the Easter theme residents enjoyed the company of a rather cute 'Easter visitor' called Wiggles. He stayed for mid-morning snacks and enjoyed lots of cuddles once he had a run around the lounge.



There has been a bit of 'Grand Designs' going on at Cheviot recently which has seen a storage room transformed into a Hair and Beauty Salon for residents and, the dining room has been given a face lift too!



FREDA GUNTON LODGE

FGL was also very busy over the Easter period with residents enjoying culinary delights such as hot cross buns, Simnel cake, copious amounts of chocolate and of course, a lovely roast lamb lunch with all the trimmings for Easter Sunday.

A craft afternoon making Easter wreaths was a great hit, as was the Easter egg hunt as you can see from the photo of the main prize winner!



Staff have completed some 'Move it or lose it' chair-based exercise training to support residents to maintain their mobility and, a Namaste Care course which will be used to provide relaxing hand massages to residents.

SHELTERED HOUSING

Sheltered Housing also marked the Easter celebrations with some wonderful art and displays from the tenants as you can see from these photos.



Finally, we are gearing up to the Queens Platinum Jubilee celebrations so if you have any great ideas of how your service can mark the event, please speak to your manager.

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